Course number and Name: PSY 200 Human Growth and Development Credit hours: 4 quarter hours Method of Delivery: eLearning

Course Description:

An overview of the total life span of human growth and development from conception through old age including neurobiological, physical, cognitive, social and emotional development of humans, this course presents the current theories and principles of human development, emphasizing normal developmental stages and patterns of adjustment to differing life-time demands.

Prerequisite: PSY 140 Introduction to Psychology

Text(s): Life Span Development, 15th Edition **Author(s):** John W. Santrock **Publisher:** McGraw Hill, 2015, ISBN: 978-0-07-786182-7

Materials needed for this course: notebook

Topics:

- 1. Biological beginnings
- 2. Infancy
- 3. Early childhood
- 4. Middle childhood
- 5. Late childhood
- 6. Adolescence
- 7. Early adulthood
- 8. Middle adulthood
- 9. Late adulthood
- 10. Death and grieving

Learning Objectives: Upon completion of the course, the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Comprehend the transition between the human growth developmental stages.
- 3. Distinguish between normal and abnormal human growth and developmental stages.
- 4. Demonstrate knowledge of developmental human growth issues.
- 5. Explain patterns of adjustment to differing life stage demands.
- 6. Summarize the biological and environmental issues which impact the human growth and developmental stages.
- 7. Prepare a basic human growth and development life-span timetable.

Midstate Grading scale:

- 90 100 A
- 80 89 B
- 70 79 C 60 - 69 D

0-59 F

Midstate Plagiarism Policy:

Plagiarism is using another person's words, either by paraphrase or direct quotation, without giving credit to the author(s). Plagiarism can also consist of cutting and pasting material from electronic sources by submitting all or a portion of work for assignment credit. This includes papers, computer programs, music, sculptures, paintings, photographs, etc. authored by another person without explicitly citing the original source(s). These actions violate the trust and honesty expected in academic work. Plagiarism is strictly against the academic policy of Midstate College. Its seriousness requires a measured, forceful response which includes consequences for inappropriate and/or no citation.

In courses containing writing assignments, the College promotes the use of an electronic resource which compares the student's writing against previously submitted papers, journals, periodicals, books, and web pages. Students and instructors can use this service to reduce the incidence of plagiarism. This electronic resource has been found to conform to legal requirements for fair use and student confidentiality. It is able to provide a report to the student indicating the parts of the assignment that match.

Student Success:

The Office of Student Success is available to students seeking tutoring for individual classes or who need assistance with writing assignments. Information is also available on test taking techniques, how to take notes, developing good study skills, etc. Contact Student Success in Room 217 (in person); (309) 692-4092, extension 2170 (phone); <u>studentsuccess@midstate.edu</u> (email).

Instructor: Julie Eaton, Adjunct Faculty

Email Address: <u>jleaton@midstate.edu</u> Office Hours: Scheduled as needed

Participation Requirements:

1. This is an arranged class. As such, group discussion will be minimal. However, there will be discussion prompts throughout the term.

2. Every week there will be many opportunities to log on with regards to turning in assignments, asking me questions, and reading any updated weekly assignments. Please review the Weekly folders each week to get further details on assignments.

3. Each week is broken down with assignments. There will be complete instructions given regarding readings, text assignments, classroom discussions, and projects. Again, each week I may add questions or text assignments not listed at the beginning of the quarter. Therefore, it is vital to review the Weekly folders at the beginning of each week (Monday) to know exactly what is expected for the given week. 4. All assignments are expected to be turned in on time. The eLearning week is Monday-Sunday. Therefore, all assignments given for a particular week starting on Monday will be due by 8:00a.m. the following Monday (except for the last week). This does not mean you have to wait until day seven to turn in completed assignments. I encourage you to turn them in as completed. If there are problems, I expect to hear from you **prior to the due date**.

Policies and Procedures: Please see participation requirements.

Methods of Evaluating Student Performance: The objectives will be measured as the student completes Discussion Questions, Weekly Quizzes, Video Reflections, Midterm/Final Papers, and the Final Exam.

Points of Interest/Questions: Each week you will be required to select three points of interest, questions, or a combination of the two. These are worth 5 points total each week (except for Week 12). **Points of Interest/Questions will not be accepted after their assigned week.**

Weekly Discussion: Each week (beginning in Week 1) you will respond to discussion questions in the Discussion Forum. Points will be rewarded for posts made on time as well as appropriate and thoughtful content. Responses should be at least two paragraphs long; a paragraph is at least three sentences long. Points will be deducted for responses not meeting this requirement. Each question is worth 5 points. There are two questions each week (except for Week 12), totaling 10 points each week. **Discussion responses will not be accepted after their assigned week**.

Weekly Quizzes: Each week (excluding Week 12) you will complete a 10 question quiz on the assigned chapters for that week. Each quiz is open book; however, the quiz will be timed. You are given 20 minutes to complete each quiz. This time limit is put in place to deter students looking up every answer. You may take the quiz at any point during the week assigned. However, **quizzes will not be available to take after their assigned week.**

Video Reflections: When assigned, I would like you to write a one page double-spaced summary about the video you watched. Let me know your thoughts and feelings about the video. One summary will be due Week 3 and the other Week 9. Each is worth 25 points. Reflections turned in after the due date will lose 5 points for each day late (1 day late: 20; 2 days late: 15; 3 days late: 10). The values listed do not account for any other missed points on the assignment. No reflection will be accepted after 3 days late.

Midterm and Final Papers: Students are asked to complete one Midterm and one Final paper. The Midterm paper will be a minimum of 2 pages in length; the Final paper will be a minimum of 3 pages in length. The Midterm paper will be written on a topic covered during Weeks 1 through 6; the Final paper will be written on a topic covered during Weeks 7 through 12. Both papers will be required to be submitted through Turnitin. Please see each paper assignment for additional information. **Reflections turned in after the due date will lose 1 letter grade for each day late. No paper will be accepted after 3 days late.**

Final Exam: There will be one final exam (available during Week 12). This exam will be cumulative. It consists of 100 multiple choice and true/false questions, worth 100 points. As with the weekly quizzes, this final exam is open book and time limited. You will have 2 hours (120 minutes) to complete the final exam. **Students will not be allowed to complete the final exam after Week 12.**

Instructor's Grading Scale: All assignments are expected to be turned in on time. The web-based course week is Monday-Sunday. Therefore, assignments given for a particular week starting on a Monday will be due by 8 a.m. the following Monday. This does not mean you have to wait until then to turn in completed assignments. I encourage you to turn them in as completed. If there are problems, I expect to hear from you prior to due date.

Instructor's Grading Scale: Grades for this course are determined on a point system:

Total Points	575 points
Final Exam (100 pts.)	100 points
Final Paper (100 pts.)	100 points
Midterm Paper (50 pts.)	50 points
Video Reflections (25 pts. Each)	50 points
Weekly Quizzes (5 pts. Each)	110 points
Discussion Questions (5pts. Each)	110 points
Points of Interest/Questions (5pts. Each)	55 points

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Class Schedule:

Week 1:

Objectives

Upon completion of this week the student will be able to:

1. Demonstrate knowledge of developmental human growth issues.

Topics

1. Biological beginnings

Assignments

- 1. Read the syllabus carefully.
- 2. Read Chapter 1.
- 3. Read Chapter 1 PowerPoint presentations.
- 4. Post 3 points of interest/questions on the discussion board.
- 5. Answer the 2 discussion questions posted on the discussion board.
- 6. Complete the weekly quiz.

Week 2:

Objectives

Upon completion of this week the student will be able to:

- 1. Explain patterns of adjustment to differing life stage demands.
- 2. Summarize the biological and environmental issues which impact the human
- growth and developmental stages.

Topics

1. Biological beginnings

Assignments

- 1. Read Chapters 2 & 3
- 2. Read Chapters 2 & 3 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.

Week 3:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Distinguish between normal and abnormal human growth and developmental stages.

Topics

1. Infancy

Assignments

- 1. Read Chapters 4 & 5.
- 2. Read Chapters 4 & 5 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.
- 6. Watch the posted video and write a reflection (assignment details posted on Joule).

Week 4:

Objectives

Upon completion of this week the student will be able to:

1. Define each human growth developmental stage from conception to death.

Topics

1. Infancy

Assignments

1. Read Chapter 6

- 2. Read Chapter 6 PowerPoint presentation.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.

Week 5:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Comprehend the transition between the human growth developmental stages.
- 3. Distinguish between normal and abnormal human growth and developmental stages.
- 4. Demonstrate knowledge of developmental human growth issues.

Topics

1. Early Childhood

Assignments

- 1. Read Chapters 7 & 8
- 2. Read Chapters 7 & 8 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.

Week 6:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Comprehend the transition between the human growth developmental stages.
- 3. Distinguish between normal and abnormal human growth and developmental stages.
- 4. Demonstrate knowledge of developmental human growth issues.

Topics

- 1. Middle childhood
- 2. Late childhood

Assignments

- 1. Read Chapters 9 & 10.
- 2. Read Chapters 9 & 10 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.
- 6. Complete the Midterm Paper (assignment details posted on Joule).

Week 7:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Comprehend the transition between the human growth developmental stages.
- 3. Distinguish between normal and abnormal human growth and developmental stages.
- 4. Demonstrate knowledge of developmental human growth issues.
- 5. Explain patterns of adjustment to differing life stage demands.
- 6. Summarize the biological and environmental issues which impact the human growth and developmental stages.

Topics

1. Adolescence

Assignments

1. Read Chapters 11 & 12.

- 2. Read Chapters 11 & 12 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.

Week 8:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- Comprehend the transition between the human growth developmental stages.
 Distinguish between normal and abnormal human growth and developmental
- stages.
- 4. Demonstrate knowledge of developmental human growth issues.
- 5. Explain patterns of adjustment to differing life stage demands.
- 6. Summarize the biological and environmental issues which impact the human growth and developmental stages.

Topics

1. Early adulthood

Assignments

- 1. Read Chapters 13 & 14.
- 2. Read Chapters 13 & 14 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.

Week 9:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Comprehend the transition between the human growth developmental stages.
- 3. Distinguish between normal and abnormal human growth and developmental stages.
- 4. Demonstrate knowledge of developmental human growth issues.
- 5. Explain patterns of adjustment to differing life stage demands.
- 6. Summarize the biological and environmental issues which impact the human growth and developmental stages.

Topics

1. Middle Adulthood

Assignments

- 1. Read Chapters 15 & 16.
- 2. Read Chapters 15 & 16 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.
- 6. Watch the posted video and write a reflection (assignment details posted on Joule).

Week 10:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Comprehend the transition between the human growth developmental stages.
- 3. Distinguish between normal and abnormal human growth and developmental stages.
- 4. Demonstrate knowledge of developmental human growth issues.
- 5. Explain patterns of adjustment to differing life stage demands.
- 6. Summarize the biological and environmental issues which impact the human

growth and developmental stages.

7. Prepare a basic human growth and development life-span timetable.

Topics

1. Late Adulthood

Assignments

- 1. Read Chapters 17 & 18.
- 2. Read Chapters 17 & 18 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.

Week 11:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Comprehend the transition between the human growth developmental stages.
- 3. Distinguish between normal and abnormal human growth and developmental stages.
- 4. Demonstrate knowledge of developmental human growth issues.
- 5. Explain patterns of adjustment to differing life stage demands.
- 6. Summarize the biological and environmental issues which impact the human growth and developmental stages.
- 7. Prepare a basic human growth and development life-span timetable.

Topics

- 1. Late Adulthood
- 2. Death and Grieving

Assignments

- 1. Read Chapters 19 & 20.
- 2. Read Chapters 19 & 20 PowerPoint presentations.
- 3. Post 3 points of interest/questions on the discussion board.
- 4. Answer the 2 discussion questions posted on the discussion board.
- 5. Complete the weekly quiz.

Week 12:

Objectives

Upon completion of this week the student will be able to:

- 1. Define each human growth developmental stage from conception to death.
- 2. Comprehend the transition between the human growth developmental stages.
- 3. Distinguish between normal and abnormal human growth and developmental stages.
- 4. Demonstrate knowledge of developmental human growth issues.
- 5. Explain patterns of adjustment to differing life stage demands.
- 6. Summarize the biological and environmental issues which impact the human growth and developmental stages.
- 7. Prepare a basic human growth and development life-span timetable.

Topics

1. Cumulative Lifespan

Assignments

- 1. Complete Final Exam.
- 2. Complete Final Paper (assignment details posted on Joule).

IT WAS A PLEASURE HAVING YOU IN CLASS!