

**MIDSTATE COLLEGE**  
411 W. Northmoor Road  
Peoria, IL 61614  
(309) 692-4092 (800) 251-4299  
(Summer 2018)

**COURSE:** HSM 360 Transcultural Health Care

**CREDIT HOURS:** 4 quarter credit hours    **METHOD OF DELIVERY:** eLearning

**COURSE DESCRIPTION:** This course exposes the student to the traditions, customs, and healthcare practices of 30 diverse population groups from around the world using the Purnell 12 step model. Inhabited localities, communications, cultural roles, family roles, biocultural ecology, high risk behaviors, nutrition, pregnancy, childbearing practices, death rituals, spirituality, health care practices and health care practitioners. The goal is culturally competent health care.

**PREREQUISITE:** ENG 117

**TEXT:** Multicultural Health 2nd Edition  
**AUTHOR:** Lois A. Ritter and Nancy A. Hoffman  
**PUBLISHER:** Jones and Bartlett  
**ISBN:** 9781284021028

**REQUIREMENTS FOR COMPLETING THE COURSE:** Student must complete all work required by instructor.

**TOPICS:** Inhabited localities, communications, cultural roles, family roles, biocultural ecology, high risk behaviors, nutrition, pregnancy, childbearing practices, death rituals, spirituality, health care practices and health care practitioners.

**LEARNING OBJECTIVES:** Upon completion of this course, the student will be able to:

1. Justify why culture must be considered in healthcare and why cultural adaption is necessary.
2. Define the determinants of health and describe how they relate to health disparities.
3. Identify examples of cultural differences in communication.
4. Describe cultural competence.
5. Explain how religion impacts medical decision making and the effects.
6. Describe fundamental rights embodied in the constitution relating to culture.
7. Recognize laws as they related to cultural practices.

8. Comprehend differences between cultural consideration and legal requirements.
9. Identify ways to deliver health information.
10. Understand PRECEDE - PROCEED models and how to utilize with diverse populations.
11. Describe social and economic circumstances; illness beliefs, unique diseases, risk behaviors, and common illnesses of other populations
12. Identify tips for working with other cultures.
13. Define health risks, access to care, and challenges faced by LGBT persons.
14. Describe ways to reduce or eliminate health disparities.

#### **MIDSTATE GRADING SCALE:**

90 - 100	A
80 - 89	B
70 - 79	C.
60 - 69	D
0 - 59	F

#### **MIDSTATE PLAGIARISM POLICY:**

Plagiarism is using another person's words, either by paraphrase or direct quotation, without giving credit to the author(s). Plagiarism can also consist of cutting and pasting material from electronic sources by submitting all or a portion of work for assignment credit. This includes papers, computer programs, music, sculptures, paintings, photographs, etc. authored by another person without explicitly citing the original source(s). These actions violate the trust and honesty expected in academic work. Plagiarism is strictly against the academic policy of Midstate College. Its seriousness requires a measured, forceful response which includes consequences for inappropriate and/or no citation.

In courses containing writing assignments, the College promotes the use of an electronic resource which compares the student's writing against previously submitted papers, journals, periodicals, books, and web pages. Students and instructors can use this service to reduce the incidence of plagiarism. This electronic resource has been found to conform to legal requirements for fair use and student confidentiality. It is able to provide a report to the student indicating the parts of the assignment that match. **Student Success:**

The Office of Student Success is available to students seeking tutoring for individual classes or who need assistance with writing assignments. Information is also available on test taking techniques, how to take notes, developing good study skills, etc. Contact Student Success in Room 110 (in person); (309) 692-4092, extension 1100 (phone); [Student Success](#)  
This is a standardized syllabus for HSM 360.

**Instructor information:**

Courtney Gehrig, MBA, MPH, CMA (AAMA)

Office Hours: by appointment

Phone: (309) 282-8447

E-mail: [cgehrig@midstate.edu](mailto:cgehrig@midstate.edu) or [cgehrig@methodistcol.edu](mailto:cgehrig@methodistcol.edu)

**References and required reading lists:** None

**Policies, procedures, and participation requirements:**

1. The policy for eLearning is that course materials are available to students at noon each Monday and that students have until 7:59 AM the following Monday morning to complete the previous week's material. However, students are advised against waiting until the last minute or last day to submit their work for a variety of reasons. If you work on your eLearning course early in the week and experience computer problems, you have more time to find an alternate computer. Also, the discussion forums can be very beneficial learning tools in eLearning if utilized to their greatest potential. It is difficult to have an effective and meaningful "discussion" if no one posts until the last minute.
2. Please review the syllabus each week for the specific assignment. If modifications are made to the assignments, a note will be added to the Weekly Overview.
3. All work is to be **submitted on time**, unless unusual circumstances occur. If your work will be late, you need to contact me prior to it being turned in late.
4. If you are unable to complete your assignments on time and wish to request an extension, you must request this BEFORE the Monday 7:59 AM deadline with an appropriate excuse, stating the reason you need an extension. If you submit late work, your late assignment grade will drop 10%. Late work will NOT be accepted without prior approval from the instructor.
5. Students are required to make at least two **meaningful** discussion posts each week. Please refer to the Student eLearning Guide for more information. Attendance (online participation) is expected, not suggested. It is important that students do not fall behind in class. Excessive absence will hurt your performance and your ability to pass this class.
6. Academic integrity is important at Midstate College, as stated in the catalog and student handbook. This not only includes prevention of cheating on exams and written research papers, but also discussion forum postings. **Discussion postings must be in your own words.**
7. **Academic dishonesty is never tolerated and will be referred to the dean.**

8. The discussion questions will be graded. I expect for you to provide substantial information to prove that you understand the weekly content. You receive 6 points for your initial post, it must be completed by Wednesday at midnight for full credit and must be at least a paragraph in length. You will then need to post to 2 classmates by Sunday at Midnight. Posts made to classmates should be more than “I agree” posts. There will be no credit for these types of posts. I expect at least 2 full sentences.
9. The final exam **must** be completed. Failure to do so will result in failure of the course.
10. Unprofessional, rude, or disrespectful behaviors in the online class discussion will not be tolerated and you will be asked to leave the class. You will not be allowed to return to class until a meeting between instructor, dean, and student can be completed

Methods of evaluating student performance: There will be 4 quizzes, chapter worksheets, and 1 comprehensive final exam.

**INSTRUCTOR’S GRADING SCALE:**

90 - 100	A
80 - 89	B
70 - 79	C
60 - 69	D
0 - 59	F

**Week by Week Schedule**

1	Orientation to class Introduction to Multicultural Health (Ch. 1)	LO 1&2	Read Chapter 1 Complete both discussion boards. Complete Worksheet. Reflection assignment 1
2	Theories and Models Related to Multicultural Health (Ch. 2) Worldview and Health Decisions (Ch. 3)	Learning Objective 3-4	Read Chapter 2 and 3 Complete discussion board. Complete Worksheet. Reflection assignment 2
3	Complementary and Alternative Medicine Ch. 4)	Learning Objective 5	Read Chapter 4 Complete discussion board. Complete Worksheet. Quiz 1 - Chapters 1-4
4	Religion, Rituals, and Health (Ch. 5)	Learning Objective	Read Chapter 5 Complete discussion board. Complete Worksheet. Reflection assignment 3

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5	Communication and Health Promotion in Diverse Societies (Ch. 6)	Learning Objective 9-10	Read Chapter 6 Complete discussion board. Complete Worksheet. Reflection assignment 4 Quiz 2 - Chapters 5-6
6	Hispanic and Latino American Populations (Ch. 7)	Learning Objective 11-12	Read Chapter 7 Complete discussion board. Complete Worksheet. Reflection assignment 5
7	American Indian and Alaskan Native Populations (Ch. 8)	Learning Objective 11-12	Read Chapter 8 Complete discussion board. Complete Worksheet. Reflection assignment 6
8	African American Populations (Ch. 9)	Learning Objective 11-12	Read Chapter 9 Complete discussion board. Complete Worksheet. Reflection assignment 7
9	Asian American Populations (Ch. 10)	Learning Objective 11-12	Read Chapter 10 Complete discussion board. Complete Worksheet. Reflection assignment 8
10	European and Mediterranean Americans Populations (Ch. 11)	Learning Objective 11-12	Read Chapter 11 Complete discussion board. Complete Worksheet. Quiz 3 - Chapters 7-11
11	Non-ethnic Cultures (Ch. 12) and Closing the Gap (Ch. 13)	Learning Objective 13-14	Read Chapters 12 and 13 Complete discussion board. Complete Worksheet. Reflection
12	Course Completion	Learning Objective 1-14	Take Final Exam.